



Federal Tax ID# 68-0231350

Meals on Wheels of Contra Costa, Inc.

A Coalition of the Public and Private Nonprofit Agencies that Deliver Meals on Wheels Services in Contra Costa County

Annual Report

Period: October 1, 2009– September 30, 2010

Mission: Meals on Wheels of Contra Costa supports homebound elders to maintain their health and dignity, and to live independently in the comfort and security of their own homes.

Goals: To reach all nutritionally at-risk homebound elders in Contra Costa County with Meals on Wheels services in a timely manner. To bridge the gap between an ever-growing homebound elderly population in Contra Costa County, and insufficient government resources available for senior nutrition.

Program Services: 330,336 total meals were delivered by Meals on Wheels in Contra Costa County in FY 10 via 76 delivery routes countywide, 299,984 daily meals and 14,862 emergency meals went to homebound elders. Meals on Wheels of Contra Costa subvents virtually all meals delivered to homebound elders. Government sources fund less than 40% of the costs of Meals on Wheels in Contra Costa County.

Summary of Audited Financial Statements

Periods Ending: September 30, 2010 and 2009

<u>Revenues:</u>	<u>2010</u>	<u>2009</u>
Individual Contributions	\$1,004,586	\$ 918,765
Workplace Campaign Contributions	\$ 63,420	\$ 52,712
Grants: Foundations, Business & Charitable Organizations	\$ 147,900	\$ 124,000
Investment Income	\$ 9,624	\$ 3,497
Other	\$ 2	\$ -
Total Revenues	<u>\$1,225,532</u>	<u>\$1,098,974</u>
<u>Expenditures:</u>		
Program Services *	\$ 866,782	\$ 807,272
Management & General Administrative	\$ 9,852	\$ 8,999
Fund-raising Expenses	\$ 252,692	\$ 203,440
Total Expenditures	<u>\$1,129,328</u>	<u>\$1,019,711</u>
Increase or (Decrease) in Net Assets	\$ 96,204	\$ 79,263

* Program Services costs include program meals, paid delivery drivers in areas where volunteers are not available, and partial subsidy of the Outreach Workers who enroll program participants, visit and monitor their condition and progress.

Board Of Directors

Our Board of Directors meets quarterly, on the third Wednesday of each calendar quarter. October is the Annual Meeting. Board Members:

John Cottrell, President – Co. Office on Aging & Adult Services
Cathy Ivers, Vice President – Shell Products-Martinez Refinery
A. Paul Krantz, Sec/Treasurer – Co. Senior Nutrition Program
Marsha Griffin – West Contra Costa Meals on Wheels
Sandy Warren – Meals on Wheels/Senior Outreach Services
Gail Garrett – Senior Nutrition Program Advisory Council
Richard San Vicente – Co. Advisory Council on Aging
Robert Sessler – Member-at-Large, Co-Founder, Past President

Meals on Wheels Facts

- **299,984 Daily Meals** and **14,862 Emergency Meals** were delivered to homebound elders
- **More than 95% of all Meals Deliveries** are to homebound elders aged 60 years and older.
- **Community Contributions and Charitable Grants** to Meals on Wheels of Contra Costa, subsidize virtually all meals delivered to homebound elders.
- **Each Meal** exceeds 1/3 of the Recommended Dietary Allowance for an older adult.
- **27,865 Modified Diet Meals** were delivered.
- **600+ Volunteers** drove the majority of 76 Meals on Wheels routes countywide each day.
- **Frozen Meals** are provided for weekends and holidays.

Meals on Wheels of Contra Costa, Inc., P.O. Box 3195, Martinez, CA 94553
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