



Federal Tax ID# 68-0231350

Meals on Wheels of Contra Costa, Inc.

A Coalition of the Public and Private Nonprofit Agencies that Deliver Meals on Wheels Services in Contra Costa County

Annual Report

Period: October 1, 2008– September 30, 2009

Mission: Meals on Wheels of Contra Costa supports homebound elders to maintain their health and dignity, and to live independently in the comfort and security of their own homes.

Goals: To bridge the gap between an ever-growing homebound elderly population in Contra Costa County, and insufficient government resources available for senior nutrition. To reach all nutritionally at-risk homebound elders in Contra Costa County with Meals on Wheels services in a timely manner.

Program Services: Of **323,814 total meals** delivered by Meals on Wheels in Contra Costa County in FY 09 via **76 delivery routes** countywide, more than **289,305 daily meals** and **14,631 emergency meals** went to homebound elders. Meals on Wheels of Contra Costa Inc. subvents virtually all meals delivered to homebound elders. **Government sources fund less than 40%** of the costs of Meals on Wheels in Contra Costa County.

Summary of Audited Financial Statements

Periods Ending: September 30, 2009 and 2008

<u>Revenues:</u>	<u>2009</u>	<u>2008</u>
Individual Contributions	\$ 918,765	\$ 696,121
Workplace Campaign Contributions	\$ 52,712	\$ 51,457
Grants: Foundations, Business & Charitable Organizations	\$ 124,000	\$ 27,000
Investment Income	\$ 3,497	\$ (12,405)
Total Revenues	<u>\$1,098,974</u>	<u>\$ 762,173</u>
 <u>Expenditures:</u>		
Program Services *	\$ 807,272	\$ 665,317
Management & General Administrative	\$ 8,999	\$ 9,856
Fund-raising Expenses	<u>\$ 203,440</u>	<u>\$ 172,993</u>
Total Expenditures	<u>\$1,019,711</u>	<u>\$ 848,166</u>
Increase or (Decrease) in Net Assets	\$ 79,263	\$ (85,993)

* Program Services costs include program meals, paid delivery drivers in areas where volunteers are not available, and partial subsidy of the Outreach Workers who enroll program participants, visit and monitor their condition and progress.

Board Of Directors FY 2008-09

Our Board of Directors meets quarterly, on the third Wednesday of each calendar quarter at the County Office on Aging, 2530 Arnold Drive #300, Martinez, CA. The October meeting is the Annual Meeting. FY 08-09 Board Members:

John Cottrell, President – Co. Office on Aging & Adult Services
Cathy Ivers, Vice President – Shell Products-Martinez Refinery
A. Paul Krantz, Sec/Treasurer – Co. Senior Nutrition Program
Marsh Griffin – West Contra Costa Meals on Wheels, Inc.
Sandy Warren – Meals on Wheels/Senior Outreach Services
Gail Garrett – Senior Nutrition Program Advisory Council
Richard San Vicente – Co. Advisory Council on Aging
Edgar T. Monk – Senior Citizen, Member at Large
Robert Sessler, – Member-at-Large, Co-Founder, Past President

Meals on Wheels Facts in CC County

- **289,305 Daily Meals** and **14,631 Emergency Meals** were delivered to homebound elders by Meals on Wheels during FY 2009.
- **95% of all Meals on Wheels Deliveries** are to homebound elders aged 60 years and older.
- **Meals on Wheels of Contra Costa, Inc. subsidized virtually all meals** delivered to homebound elders thanks to community contributions and charitable grants received.
- **Each Meal** exceeds 1/3 of the Recommended Dietary Allowance for an older adult.
- **29,279 Modified Diet Meals** were delivered.
- **400+ Volunteers** drove the majority of the 76 Meals on Wheels routes countywide each day.
- **Frozen Meals** are provided for weekends and holidays.

Meals on Wheels of Contra Costa, Inc., P.O. Box 3195, Martinez, CA 94553
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