



Federal Tax ID# 68-0231350

Meals on Wheels of Contra Costa, Inc.

A Coalition of the Public and Private Nonprofit Agencies that Deliver Meals on Wheels Services in Contra Costa County

Annual Report

Period: October 1, 2006 – September 30, 2007

Mission: Meals on Wheels of Contra Costa supports homebound elders to maintain their health and dignity, and to live independently in the comfort and security of their own homes.

Objectives: To bridge the gap between an ever-growing homebound elderly population, and insufficient government resources available for senior nutrition. To subsidize enough nutritious daily program meals to reach all homebound elders in need of Meals on Wheels services in Contra Costa County.

Program Services: The Contra Costa County Meals on Wheels Program delivered more than 278,640 meals to the county's homebound elders via 70 Meals on Wheels routes countywide during the report period. Virtually all meals delivered to homebound seniors are partially subvented by Meals on Wheels of Contra Costa as the government share of program funding shrinks to less than 42%. In addition, Meals on Wheels of Contra Costa subsidizes meals delivery drivers in areas where volunteers are not available.

Summary of Audited Financial Statements

Periods Ending: September 30, 2007 and 2006

Revenues:

	<u>2007</u>	<u>2006</u>
Individual Contributions & Bequests	\$594,404	\$430,280
Workplace Campaign Contributions	\$ 44,022	\$ 33,587
Grants: Foundations, Businesses & Service Clubs	\$ 70,250	\$112,000
Investment Income	\$ 17,784	\$ 6,588
Total Revenues	<u>\$657,509</u>	<u>\$582,455</u>

Expenditures:

Program Services (Meals & Delivery Costs)	\$425,916	\$311,455
Management & General Administrative	\$ 13,333	\$ 8,249
Fund-raising Expenses	\$128,739	\$ 73,579
Total Expenditures	<u>\$567,988</u>	<u>\$393,283</u>
Net Change in Contingency Reserves + or (-)	\$159,772	\$189,172

Board Of Directors FY 2006-07

Our Board of Directors meets quarterly, on the third Wednesday of each calendar quarter at the County Office on Aging, 2530 Arnold Drive #300, Martinez, CA. The October meeting is the Annual Meeting. Board Members Are:

Robert Sessler, President - Co. Aging & Adult Services Bureau

Gerard Witucki, Vice Pres. - Co. Advisory Council on Aging

A. Paul Kraitz, Sec/Treasurer - Co. Senior Nutrition Program

Rev. Palmer Watson - West County Meals on Wheels, Inc.

Lorin Waxman - Meals on Wheels/Senior Outreach Services

Gail Garrett - Senior Nutrition Program Advisory Council

Cathy Ivers - Shell Oil Refining Co.

Edgar T. Monk - Senior Citizen, Member at Large

Mary L. Sherman - Co. Office on Aging

Meals on Wheels Facts

- **278,640 meals** were delivered countywide by Meals on Wheels to homebound elders during FY 2007.
- **99% of all Deliveries** are to homebound elders aged 60 years and older.
- **Virtually all Meals** delivered to homebound elders were subsidized in part by contributions & Grants to Meals on Wheels of Contra Costa, Inc.
- **400 Volunteers** drive most of the 70 Meals on Wheels countywide each day..
- **Each Meal** exceeds 1/3 of the Recommended Dietary Allowance for an older adult.
- **Frozen Meals** are provided for weekends & holidays.

Meals on Wheels of Contra Costa, Inc., P.O. Box 3195, Martinez, CA 94553

On the Web: www.mealsonwheelsofcontracosta.org Phone: 1-866-669-6697